# **Colorado Springs**

October 2007

# Chapter I



This month's article isn't about what has happened but instead what will happen. The end of the year is fast approaching and that means it will soon be time to nominate the Couple of the Year and the Individual of the Year. We will be taking nominations at the December meeting. Once nominations are received, the selection process begins and we will be announcing the 2008 Couple of the Year and Individual of the Year at the Holiday Party on Saturday, December 22<sup>nd</sup>.

For those of you who are new to Gold Wing Road Riders Association here is the official information regarding the Couple of the Year program. The Couple of the Year (COY) program was established in 1988 to recognize couples for their dedication, accomplishments, and participation; couples who typify the GWRRA image of "fun, safety and knowledge". Each year couples are honored by being selected as Chapter, District, Region, and International COY's. COY's are active and enthusiastic about GWRRA and committed to GWRRA ideals. COY's promote GWRRA both within the Association, helping with retention, and outside the

#### **Harder Happenings**

Association, helping to attract new Members into the GWRRA "family". The COY at each level should be a couple that you would be proud to have represent you and the Association.

The requirements are as follows: 1. Couple must consist of one male and one female. 2. They must hold individual or Family Memberships in GWRRA. Memberships must be valid through the term of the Chapter COY position. It is suggested that a couple has completed at least one year membership in the GWRRA prior to participating in the Chapter Couple of the Year Selection Process. Please note that Associate Members are not eligible to participate in the Couple of the Year Program.

The Individual of the Year will have to meet the same criteria as the Couple of the Year. This person can only be honored at the Chapter and District levels. At the present time, the Region and International levels do not have such a program.

Given the information above, please take time in the next few weeks to think of who you would like to nominate.

Remember, immediately following the November meet-

ing, we will have the 2008 Calendar/Ride Planning meeting at the church. Please bring your ideas.

Friends for fun, safety and knowledge,

#### Tom & Monica Harder Chapter I Directors



Q: What is a werewolf's favorite type of story? A: A hairy tale!



- Q: Did you hear about the hippie werewolf? A: He was fur out, man!
- Q: What do you call two witches who live together? A: Brommates!
- Q: Did you hear about the obnoxious pumpkin?A: He was a real jerk-o'-lantern!
- Q: What does an Australian witch ride on? A: A broomerang!
- Q: What would you get if you crossed a witch with a famous director?A: Steven Spellberg!
- Q: Where do spooks go to mail a letter?A: The ghost office.
- Q: What did the vampire say to the Invisible Man? A: "Long time, no see!"
- Q: When is it bad luck to have a black cat follow you? A: When you're a mouse!

FO

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### Thank You Notes

## A Big "Thank You"!!!

Hello Chapter I,

I just wanted to take a moment to say Thank You for all the good thoughts, prayers, phone calls, e-mails, cards, flowers, special gifts, and of course the visits while I was in the hospital. Any kind of surgical recovery is no picnic but you all made it as good as it could get. It is people like you that make this Chapter what it is. I am doing great now and finally getting around without much discomfort. My personal care taker (and we all know who that is) was the best. He tries to sound tough but in actuality it is the opposite. Needless to say you were all great!

Chapter I thanks for caring.



## **Chapter I Staff**



Chapter Director Tom & Monica Harder 719-481-9044 tmharder@comcast.net

Bruce & N
<b>icepuffin</b> Dave & K
dewglwre Cliff & My
childs31
Linda She
Ishelley@
Lori Schlo
Butch Sh
butchsh
Jeannie B
Nancy Po
n.l.powel
Cliff & My
childs31
Paul & Je
719-599-8
wings83
Lewis & C
719-481-4
springwi
Dick & Di
dickdidi
George D
gbd107@

Mel Partner—719-262-0452 1@yahoo.com (athy Wren—719-591-2739 en@comcast.net ra Childs—719-266-0258 53@msn.com elley—719-495-5741 @animail.net osser—719-227-9560 n@aol.com nelley—719-495-5741 elley157@msn.com Bondurant—719-599-8495 owell—719-471-8570 ll@att.net ra Childs—719-266-0258 53@msn.com eannie Bondurant— 8495 @worldnet.att.net Carol Farmer— 4235 ngsweb@yahoo.com idi Reisler—719-488-9359 @hotmail.com Davis—719-599-7103 @comcast.net gpd107

### Hypothermia—Dressing for the Weather

#### (**Reprinted article from Region F, By David & Dori Dirig**)

As we taper out of summer into fall and winter, everyone should start thinking about cold weather gear. Diversity is a luxury that we enjoy, whether you are in Southern California or Southern Colorado, where we can go from one climate to another very quickly. So you take off for a nice ride in the afternoon one Saturday in February or March. As you climb to higher elevations, do you have your cold weather gear? You're going to need it, even if its 70 degrees at lower elevations. Are your "omigosh its cold" gloves in the saddle bag, or they still at home in the closet making room for that trip to Phoenix or Las Vegas in July? How about that electric vest or snowmobile suit or thermal underwear? Exposure should be a concern to each of us, no matter the time of year; it's simply a matter of what end of the spectrum that we prepare against. In Colorado, we can see great swings in the temperature any month of the year. From the sudden snow flurry in October to the hail storms in August. In the summer we worry about heat and dehydration or hyperthermia; but this article is how to prepare against cold and hypothermia.

Hypothermia is a lower than normal body temperature. That's fine, but what does it really mean? Basically, as your body loses heat, its starts to malfunction. Do your hands work as well when they're cold and numb? Your brain suffers the same problem in the cold. As you get cold, you lose the ability to concentrate and react to changing conditions. This can be fatal on a motorcycle.

How do we avoid hypother-

mia?? 1) Don't ride! Know your limits; don't ride if it's too cold. If you're riding and you start to get cold, pull off, stop for a cup of coffee, rest your mind and your body someplace warm until you can continue. If your hands and mind are numb from the cold, are your reactions quick enough to save your life? If you have to ask, then pull over and warm up!! 2) Dress appropriately. This can mean super-thick insulated gloves and electric clothing, or it can simply mean wearing multiple layers for insulation. A pair of thermal underwear or silk liners for that lighter pair of gloves can make all the difference in the world.

The idea is to wear multiple layers of clothing. In this way, you can add layers to keep warm or remove layers if you get overly warm. Wear multiple thin layers as opposed to one heavy layer, and the layers should fit loosely. A windproof outer layer is ideal to prevent the wind from chilling you. The idea is insulation, combined with protection from the wind blast of riding at highway speeds. The better your insulation and protection from the wind, the less heat you lose, thus reducing your risk of hypothermia.

Remember that we ride as a group. If you're cold, let us know so we can stop and let you put on additional layers. To do anything else is unsafe. Even if you don't have the needed gear on a ride, speak up. Someone in the group will most likely have additional gloves or liners or a sweatshirt to get you to where you're going safely. That's the bottom line--safety. As an individual and as a group, we need to be prepared for colder weather. Put that sweatshirt and heavier set of gloves in the bike. You (or someone else) may need it down the road.

Don't let this happen to you



### **Christmas Party**



#### DECEMBER AT GUISEPPES RESTAURANT

Mark your calendarsI Lend me you ear! The holidays are soon upon us ... The time is drawing near.

A feast is planned, With music and song. Come join with your friends And party till dawn (or thereabouts)

> A dance floor's provided, (As I'm sure some men dread). And all of this goodness For just \$18 per headI

Bring your check, bring your cash, Bring whatever you've got. Bring it to the next meeting And we'll reserve you a spot.

> Cocktails at six, It'll be a cash bar. Dress in your finest or Come as you are.

Dinner's at seven And I'll tell you this ... It's a great looking spread That you won't want to miss.

The 22<sup>nd</sup> is the night to remember. A starry starry night near the end of December.

### SEE YOU SOON CHAPTER I !!

Checks should be made out to <u>GWRRA Chapter I</u> and can be <u>mailed</u> to: Nancy Daniels 830 Pebble Creek Road Monument, CO 80132 488-8841

### Winter Fun Trip—January 11-12, 2008

After a quick and adventurous trip to Grand Lake on Saturday, ten Chapter I members have made reservations for the January trip and there are 11 additional rooms for you to choose from at:

*Western Riviera Hotel in Grand Lake Colorado* (Phone 970-627-3580) on January 11<sup>th</sup> and 12<sup>th</sup>. The first night is full price with the second night's lodging at half price.

Available rooms: (Mention Chapter I to get the discount on the second night. Please make room reservations as soon as possible as the motel will not be holding them for long):

2 with one queen and one double bed - \$95.00 first night/\$47.50 second night

2 Suites - \$125.00 first night/\$62.50 second night

2 with a King bed - \$80.00 first night/\$40.00 second night

4 with 2 double beds - \$90.00 first night/\$45.00 second night

1 with one queen bed - \$70.00 first night/\$35.00 second night

(Cliff and Myra Childs have rented the one bedroom apartment so the group will have access to a refrigerator, stove, and plenty of room for gathering)

*Snowmobiling:* The snowmobile operator is not open yet but we are working on discounts. *Other Activities:* Within the next month, we'll have firm prices and arrangements for sledding, sleigh rides, hot springs pool and anything else the area has to offer.

### WATCH FOR MORE DETAILS or call Cliff/Myra Childs at 266-0258

thing when Martha fell out, ...but ten dollars is ten

dollars!"

**Funnies** Every year, Smitty and his wife Martha went to Q: What do you call an ugly old the State Fair. And every year, Smitty would say, woman who sits on the "Martha, I'd like to ride in that there airplane." And beach casting spells? every year, Martha would reply, "I know, Smitty, A: A sand witch. but that airplane ride costs ten dollars, and ten dol-Q: What did the witch do when her broom lars is ten dollars." broke down? This one year Smitty and Martha went to the fair A: She witch-hiked. and Smitty said, "Martha, I'm 71 years old. If I don't Q: How can you easily make a witch itch? ride that airplane this year I may never get another A: Remove the 'w'. chance. " Martha replied, "Smitty, that there airplane ride Q: What do you call a witch's husband when costs ten dollars, and ten dollars is ten dollars." he's traveling on her broomstick? The pilot overheard them and said, "Folks, I'll A: A flying sorcerer. make you a deal. I'll take you both up for a ride. If Q: What do young witches like best in school? you can stay quiet for the entire ride and not say one A: Spelling lessons. word, I won't charge you, but if you say one word it's ten dollars." Smitty and Martha agreed, and up Q: What do you get if a witch gets flu? they went. A: Cold spells. The pilot performed all kinds of twists and turns, Q: How did the ghost look in her rolls and dives, but not a word is heard. He even designer sheet? does a nose dive, pulling up 15 feet above the A: Boo-tiful! ground, but still not a word. They land and the pilot Q: What did the angry skeleton turns to Smitty, "By golly, I did everything I could say to the other skeleton? think of to get you to yell out, but you didn't." A: "I have a bone to pick with Smitty replied, "Well, I was gonna say some-

ond night econd night second night the group will have access to a

you!"









Momma Grizzly and her two kids in Denali Nat'l Park

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Chapter I meeting information:

WHEN First Saturday of the month, 8:30 coffee, 9:00 meeting

WHERE Holy Cross-Lutheran Church 4125 Constitution Ave.

Linda & Butch Shelley 15605 Archer Terrace Elbert, CO 80106

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